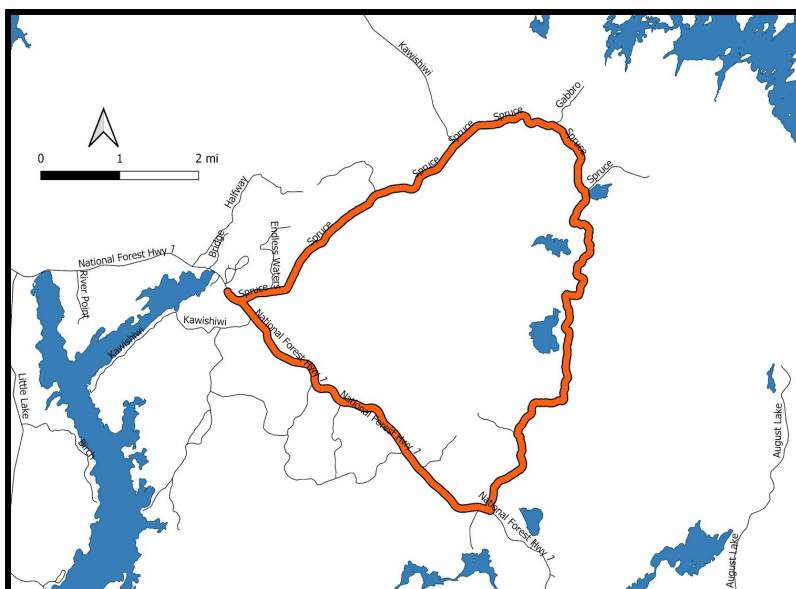


SPRUCE LOOP- MOUNTAIN BIKE



ACCESS POINT:

Intersection of Spruce
Road and Highway 1
47°48'36.5"N
91°43'47.3"W



DISTANCE FROM ELY:

13 miles

TOTAL LENGTH:

16 miles

TRAFFIC SPEEDS:

Traffic allow MN Hwy 1 is 55 mph. Expect fast-moving logging trucks, canoe shuttles, and/or ATVs along the remainder of the route.

SHOULDER WIDTH:

Caution!! There is no shoulder along this portion of Highway 1. Do not attempt without high visibility clothing and a flashing tail light.

TURN-BY-TURN NAVIGATION:

ridewithgps.com

Cuesheet

→	Turn right onto Forest Rte 179	6.0 mi
→	Forest Rte 179 turns right and becomes Forest Rte 1468	7.8 mi
←	Turn left	7.9 mi
←	Turn left onto Forest Rte 1468	10.2 mi
→	Turn right onto MN-1 W	11.5 mi
→	Turn right onto Spruce Rd	16.0 mi